

SMALL STEPS. BIG IMPACT.

Adopting even just a few of the simple habits in this friendly guide can help you to level up your care for the Earth—today and for future generations.

At Home

- Turn off lights and electronics when not in use
- Switch to reusable bags, water bottles, and food containers
- Choose energy-efficient bulbs and appliances when possible
- Plan meals to reduce food waste and save money

Save Water

- Turn off the tap while brushing teeth or washing dishes
- Fix dripping faucets and running toilets
- Run full loads in the dishwasher and washing machine
- Water outdoor plants early in the morning or after the sun sets

Get Around Sustainably

- Walk or bike for short trips
- Carpool or use public transportation
- Combine errands to save time and fuel
- Keep vehicles well-maintained for better efficiency and less environmental impact

Reduce, Reuse, Recycle

- Properly recycle paper, plastic, glass, and metal
- Reuse jars, boxes, and bags before tossing them
- Donate unused items and buy second-hand when possible
- Compost food scraps

Consume Thoughtfully

- Buy only what you truly need
- Choose products with less packaging
- Support local and eco-friendly products and businesses
- Choose durable items designed to last, not single-use or disposable designs

Care for Nature

- Plant native trees, flowers, and pollinator-friendly plants
- Pick up litter in your neighborhood or parks
- Teach kids and friends why caring for the Earth matters
- Spend time outdoors and enjoy nature

Every small choice makes a difference—and together, those choices add up. Caring for the Earth supports healthy communities, strong local economies, and a brighter future for us all.